

# G.O.A.L.S.

# Great Opportunities At Learning Self-Discipline

2 Timothy 1:7

Goal	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Daily notes about this goal
1)								
2)								
3)								
4)								
5)								
6)								
7)								
8)								
Notes:								

Go Reward Yourself!